



THE BRIDGE

The MENTOR Program
Wave 7 (Online)



THE BRIDGE

***THE BRIDGE** is an organization working to promote diabetes care, control, awareness, education, and scientific research. The advisory board includes senior consultants and faculty members of pediatric Diabetes.*

*The mission of **THE BRIDGE** is bridging the gap and **Moving Together All The Way** to optimize diabetes care and provide the standard of care among Egyptians with **DIABETES**.*

We are ADVOCATE of DIABETES



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“ THE MENTOR PROGRAM”

A G E N D A

Day 1 – Sunday 4 OCT 2026

Time	Duration	Topic	Speaker
10:30 am - 12:00 pm	90 min	All you want to know about Type 1 Diabetes	Prof. Sameh Tawfik
12:00 pm – 1:00 pm	60 min	Welcome & Introduction	<i>The Bridge President</i> Dr. Mohamed Shaarawy
1:00 pm - 01:30 pm	30 min	<i>Break</i>	<i>All</i>
1:30 pm – 2:15 pm	45 min	Myths & Facts in type 1 Diabetes	Dr. Tamer Sleem
2:30 pm – 3:15 pm	45 min	Implementation of multidisciplinary team (MDT) approach	Ms. Wesam Abdelhady
3:15pm – 04:15 pm	15 min	<i>game</i>	Dr. Eman



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A G E N D A

Day 2 – Monday 5 OCT 2026

Time	Duration	Topic	Speaker
10:00 am - 11:00 am	60 min	Insulin therapy in children and adolescents with diabetes	Dr.Mona Atya
11:30 am – 12:30 pm	60 min	Management of Acute complications of diabetes	Dr. Khaled Elhashab
<i>12:45 pm - 01:15 pm</i>	<i>30 min</i>	<i>Break</i>	<i>All</i>
01:30 pm – 02:30 pm	60 min	Sick-day management hands-on	Dr. Marian Fares
<i>2:45 pm – 4:00pm</i>	75 min	<i>Comorbidities and Complications about type 1Diabetes</i>	Dr. Mona Karem
<i>4:00 PM</i>		<i>Closing Day 2</i>	<i>The Bridge Team</i>



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A G E N D A

Day 3 – Tuesday 6 OCT 2026

Time	Duration	Topic	Speaker
10:30 am – 11:30 pm	60 min	Management and support of children and adolescents with diabetes in school	Mrs. Amira Emad
11:45 pm - 12:45 pm	60 min	Overview of CGM & Flash Glucose Monitoring system (FGM)	Dr. Yasmine Elhenawy
<i>1:00 pm - 1:30 pm</i>	<i>30 min</i>	<i>Break</i>	<i>All</i>
1:30 pm – 2:30 pm	60 min	Role of peer and community support in the management of type 1 diabetes	Mrs. Amira hussein
<i>3:00 PM</i>		<i>Closing Day 2</i>	<i>The Bridge Team</i>



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A G E N D A

Day 4 – Wednesday 7 OCT 2026

Time	Duration	Topic	Speaker
9:30 am – 10:30 am	60 min	Overview of continuous subcutaneous insulin infusion (CSII)	Dr. Esraa Mahmoud
10:45 am - 11:45am	60 min	Nutritional management in children and adolescents with diabetes	Dr. Hossam Hosny
12:00 pm – 1:00 pm	60 min	Management of diabetes during Exercise time & vacations	Dr. Ahmad Arafa
<i>1:15pm - 1:45pm</i>	<i>30 min</i>	<i>Break</i>	
1:45 pm – 2:45 pm	60 min	Connected Insulin Pens	Dr. Esraa Mahmoud
<i>2:45 pm – 3:45 pm</i>	<i>30 min</i>	<i>Closing & Remarks</i>	<i>The Bridge Team</i>

***Final Exam: 5 NOV**



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A G E N D A

2026-2027

date	Duration	Topic	Speaker
16/11/2026	3h	Human Development	Mrs. Dalia
3/1/2027	3h	Nutrition	Dr. Hossam hossney
24/1/2027	5h	<i>Life coaching</i>	Dr.hayam sokar
11-12/4/2027	2 days 4h/day	Technology	Dr. Yasmin Elhennawy & Dr. Esraa Mahmoud
30/5/2027	4h	<i>Practical Day</i>	Dr. Yasmin Elhennawy & Dr. Esraa Mahmoud

***Final Exam: 17/6/2027**